

Machine Generated Transcript - We're glad you're here this morning it is our family service on a on the last line of the month if it's a fifth Sunday we have this this family service this year we have five of them and I think next year we have five too is that how and I think the counter works out to where there's five two years and. So we're excited about that is something that we enjoy greatly if you're here and you're a guest with us all the kids are in here today and again we know there's not many of them because there's not many people here today but. But there they join us on this last Sunday so they can be with us so they can they can learn and see Mom and Dad and the and the whole church congregation worship God so that they can be a part of the church and we just we love that aspect of this whole thing and so even though there's not very many of them there will probably be an exponential amount of noise even from just a few of them and we want to you parents to understand we welcome that we encourage that we're OK with that I know when it's your own kids like they will stop making sound and everybody's looking at me and you know all that just just take a deep breath and don't care today all right we were so glad that they are in here today and we're so happy that they're a part of it don't worry about the noise we're we invite that today and so thank you for that if you're one of those grumpy people who doesn't like the sound of kids get over it today all right and don't give any looks if parents or anything like that you keep that to yourself all right we're working here today and we're we're excited about it so we're going to go ahead and get started we've got this message today. And that works out at about it's December thirty first it is New Year's Eve right a lot of you are going to stay up really late tonight and hopefully most of you don't go outside during the someone else for some people that's the tradition to go outside for New Year's Eve and to do all kinds of stuff it's just not safe OK just be smarter than that tonight and if you do go outside Be Be aware of how cold it is but. A lot of us will stay I will ring. In the new year everybody's going to bank all kinds of resolutions right that they're going to keep until about January eighteenth right to watch and all the all the gyms in town are going to be rich for a month because everybody is going to make a membership you know and then they're going to go once and realize that it's hard work to work out and I'm going to do it anymore and you know all all of those different things we're going to we're going to commit to be better people whatever that means in two thousand and eighty and you know all these generic things that are hard to quantify that we're really good at but if that's season of newness right that season of hope and we're going to be talking today a little bit about that and I'm excited about it surpass Rachele is going to come up if there are kids in here we're going to have you guys come up and sit up here with Pastor Rachelle Is she as she teaches the kids you are welcome to come on up here and sit with us all right who is so excited for New Year's Eve tonight who thinks they're going to stay up till midnight tonight. Who thinks they're going to take a nap so that they can stay up till midnight. And who thinks that they're going to just celebrate a little bit early and go to bed at a reasonable hour because it's just another day are some of you going to do that. Yeah you guys are weaving tomorrow morning so. You're going on a trip that's right so we've got some fun stuff going on tonight I have two things here that I brought to show you guys can you help me look through these things a little bit you guys might have to help their kind of notebooks you guys might have to help because not everybody is going to be able to see these things does anybody know what these are can someone raise their hand I'll give you a hint this one kind of tells you what it is what is this Miriam No not a diary do you know what it is Sophie these are my planners What does this one say right here can you guys read that. This one says two thousand and seventeen so this is my planner for this last year and what does this one say. Two thousand eight hundred so this one is my planner first starting tomorrow now I wanted to look through this a little bit with you guys do you think we could do that OK so we're going to start Oh I think it will help you read if you can't read that's OK so. These are what the days are that's right this is like a little calendar that I can keep with me so that I can stay organized and keep all my appointments and meetings and all my vacations and everything these are some of my favorite things in the world because I love to be organized as anyone else want to be organized Does anyone else wish that they could be organized but maybe they're not so great at it. That's OK One day I'll know what it means but so Jean-Marie of last year I moved here to Grand Rapids do you do any of you remember when I moved here to Grand Rapids I

know some of you probably will it was an exciting month so I didn't have a whole lot going on there wasn't a lot in my plan or that month because I was just getting used to living in a new very very very cold place. And then we go to February and there's still a few things that I had to do there's some stuff that I had to cross off here oh we had to reschedule that because we thought this was going to be this day but then it had to be over here so that's February and March does March look that busy March probably wasn't that busy either ha there's a little things written here and there but not a whole lot then we get to April look at April. April got pretty busy I don't even remember why April got so busy but there was something there was a meeting here that I meant to make it to and I never I just totally forgot about it and I couldn't even go if you guys ever just forgotten about something you couldn't didn't end up doing it you've never ever ever forgotten anything in your life is that true. Sister is calling you out so that was something that I couldn't go to because I forgot because it was just so busy I had so much going on that month and then there's May is May busy or is it not very busy. May is busy I had a whole bunch of stuff there's another thing that was something that we thought we could go to but we couldn't go to it how many of you have been sad when you've had plans that got cancelled. You know I've been sad that was some plans that got cancelled and I couldn't go to but. There was a lot of other stuff so now June June was one of my favorite months doesn't look like it was very busy you know but this week break here Miriam what does that say kids' camp was in June I mean you were the only one who went to kids care for a couple any of you out here many of you ever been to kids care. Not he knew it was so much fun so I tried to keep that month open because that was a busy week but it was so much for him right so much fun and then to LA I was kind of low key there's not a lot going on right I think that was the day I was in here in the main service preaching to the adults. That was scary but we did it right we made it happen and you guys got to be with Miss Katie who's also in here today and I know she's going to love it with everyone staring at her every Wednesday Highness Katie. And then August came Look at August I know that one looks pretty busy doesn't it all and there was more things that was something that I crossed off and I don't even know what it was that I didn't get to go to and that was something that happened here at the church that I just couldn't go to because I was busy with something else and there was all sorts of stuff September was kind of fun September I got to be out of town for a whole week I went to Tennessee have any of you ever been to Tennessee you don't even know what that means Tennessee is another state like Minnesota I got to go there to a wedding and then there is no them no this is a November this is October I'm glad somebody can read this is October October was super busy because who remembers what happened at the end of October. No not that Thanksgiving fire be. The higher this fire to you have been so I had a whole lot of planning in stuff to do and a lot of other stuff going on and then November was just last month right November was last month in that was a fun day my. Sorry I just watched Titus elbow sister in the face I'm sorry I got distracted my boss let me come in late that day because we stayed at work really really late the night before everyone say it was better they said. That was a super fine day for me and we had some retreats to go to and last were in December does December look like it was busy or no. December I had a lot a lot a lot of stuff going on so that was this past year today is the very very last day which day is today Titus. Do you know today is all the way right here what's that say with us a Sophie. Family Service that's what we're doing right now right so I had quite a year over here now let's take a look at this one. And this planner there's a few things written because like I said I'd like to be organized so I already have some stuff in here but for the most part what's in this counter. Nothing not very much it's a whole new thing isn't it all the pages are fresh and crisp and brand new they're nice and clean so far it looks like there's nothing going on well there's a few things but it's brand new There's nothing that's been crossed off or canceled like there was in this one right you know this one is all new and full of new possibilities and it doesn't matter it doesn't matter what happened in this one right. That doesn't necessarily mean that those same things are going to happen again this time right. I have a Bible verse bestselling Titus did you guys bring a bible today no you didn't bring a bible OK can you sit with your legs crossed oh you're going to get a Bible in a classroom right can you sit with your legs crossed and look at me Good job guys I brought a Bible

verse that I like to read this time of year can you guys listen up so it's in the book of Psalms if you open your Bible right to the middle if you have one at home or or if you have one in your see if you open it in the middle you'll probably be in the book of songs or somewhere pretty close but. Titus has a Bible at home so in song Chapter thirty verse five it says this for his anger lasts only a moment but his favor last a lifetime weeping may last through the night but joy comes with the morning who do you think that he is that we're talking about their Bethel who do you think that he is. God and God even though sometimes his anger happens and it may last through the night even though sometimes some bad things happen to hurt us. Throughout the year Bethel Bethel can you stop putting your brother please is that very nice no thank you even though sometimes some bad things may happen even though I had some sad things happen this past year and stuff that wasn't even in here happened that wasn't necessarily my favorite That doesn't mean it has to carry into this year right right. And even though I had some really great things and really fun times and I moved here and I got to meet all of you that doesn't necessarily mean that all that's going to happen again this year right I hope I don't have to move again this year I'm not ready for that. But even though sometimes bad things happen and even though we have sad days it's not just at this time of year it's not just whenever the calendar changes and we have a new year every single day God's mercies are new and he's willing to make this a new good day if we give it to him does that make sense to everybody. That just because of whatever happened last year am I going to is this calendar going to be any good to me anymore No I don't even need it tomorrow we start with a whole new clean fresh pretty calendar not makes me pretty happy just having a free clean fresh calendar I just threw it I don't I don't need anymore I don't need it we've got a whole new year coming I'll probably leave it here in my office yes we've got a whole new year coming. Nope this one's going to stay here at work OK. I'm probably going to throw that one away yes can you guys do some motions with me to help remember the second half of that verse. I'm going to I'm going to show you and then you repeat after me OK. OK everyone go weeping. I need to hear you we thing. May last through the night. But joy comes with the whining. OK if you think we can do it all at the same time. Do you think do you think maybe the adults want to see you do it to me maybe face them. OK Are you guys ready for us OK One two three we thing may last through than I but joy comes with the morning all right are you guys ready to have a whole new day tomorrow and a whole new year no matter what happened last year it's going to be new and awesome if we have God in our lives right. OK let's pray quick before we go back to our seats everyone fold your hands so I know that they're to yourselves you can close your eyes I'm going to pray I'm going to say the words so if you just believe them in your heart then God will know sound good. OK. Dear Jesus I think you so much for the opportunity that we have to celebrate this new season and this new time and to know that next year is going to be a new year and it doesn't matter what happened last year it's a part of our story now but it doesn't have to define our story and it doesn't have to define next year and help us to remember that every single day we love you and we praise you in your name a man that I've sent the children back we're going to play a game who's excited to play a game today some of you good because I'm going to need some help I'm going to need for volunteers passages and would you pick two and I'll pick two I really need. Say that's coming forward and who will. Oh Sam and that Alright so those two are ball in told but I'm going to ask for some volunteers even do you want to play OK Eden Miriam should we have an all girls around today that sounds fun OK I'm going to have to go get some stuff I don't know what he's doing here oh he's grabbing the stuff perfect he knows what to do I saw him I wasn't really sure but so here's the game it's called New Year's ball drop so goes the theme of the time of year right all right let's I'll let your girls be read Will you help me thank you I didn't tell him he was going to help but I'm just making him so I read she was just in case something tragic happened but what's going to happen is we're going to drop this from up high we're going to drop a balloon from up high and your job is for sixty seconds to keep it off of the ground but with one rule you cannot use your hands you can use your elbows you can use your head you can use your feet you got to work together and we'll try it we'll see if there's a winner if everyone is a winner that's great but. All right so there is going to be a video countdown and it starts with a three second countdown so it'll do the three seconds for

us so can you guys go ahead and play that countdown go No hence no yes there you go. Good job good head but. Don't prop it up on the table. Oh Chicago I didn't see that but see we got thirty seconds left in the little ones do it. Their dads trying to help them. No hints ten nine eight seven six five four three two one zero a game all day everyone give our players a round of applies and I think we'll give the winning team. Some not broken candy canes because a lot of these are broken there you go there you go thank you ladies for playing with us. That was a fun time that's all I got and we did like it you guys are all such real followers to keep it up in the air is trying to get you guys just get on a chair or table the only rule was don't let it hit the ground right. Don't use your hands. Song Chapter thirty you can go ahead and open up your Bibles right there we're going to we're going to land on this for a second then we're going to talk about a few things so in chapter thirty when I read verses one through five Rachele talked about if you open right to the middle that will usually be songs or proverbs and you'll be right right in the ballpark their song Chapter thirty saw Damon is writing this song and he's there getting ready to dedicate the Temple all of these different things that are happening and David is writing a song here he's writing a song about what God is doing and song Chapter thirty first one says I will exalt you Lord for you rescued me you refused to let my enemies triumph over me Oh Lord my God I cried to you for help and you were stored my health you brought me up from the grave oh lord you kept me from falling into the pit of death singing to the Lord all you godly ones Praise His holy name for his anger last only a moment but his favor last a lifetime weeping may last through the night but joy comes with the morning and he continues on in this vein but I want to talk about a few things here if as you look at this right I will exalt you Lord for you. Look at the Bible I will absolve you Lord for you rescued me you refuse to let my enemies triumph I cried to you for and you you brought me up. You kept me from falling into the Does this sound like a good year do you. Write we read this and were like whoo yeah joy comes in the mornin write this is a tragic year right I mean this as as David is talking about all of the nothing nothing that he's writing about here sounds really good except God was there through it all right except for God took it from going to the furthest consequence and carried him through it all right so when you read this psalm is really easy to just get to the parts we like about it right and be like oh yeah things are going to be good just got it but yes. Things are good because God is there but God is with us in all of these rough things that he goes through right he doesn't talk about a time of ease he doesn't talk about how no bad things happen he talks actually about really rough experiences that God was with him in all right and I'm not sitting here trying to tell you that you have to go through bad things for God to be there right God is there in the good or the bad but a lot of times we've become kind of guilty in the church sometimes of looking at the rough times and being like where is God how could God possibly be involved in this hard thing I went through and what David is saying is in all of those hard times God was there. Through all of the struggles all of that he wouldn't have to rescue us if no bad things ever happened right he wouldn't have to keep the enemies from triumphing over us if our enemies never reared an attack against us right he wouldn't have to cry to help or have his health restored if his health was always good because it makes sense is that DOES THAT SINK IN this is David thanking God in the midst of tough times and so I want to just talk about this if you had a great two thousand and seventeen if this was the best year you have ever had in your life thank God and praise him for it because he was with you through it and if two thousand and seventeen was a year you would love to forget because it was tough from beginning to end. Thank God and praise him that he was with you through it all right that's that's really what David is writing here in song Chapter thirty that God is with us no matter what God's anger last only a moment but his favor last a lifetime weeping may last through the night but joy comes when in the morning David is saying that hard times come and yes they're tough it's OK to weep through the night when he doesn't condemn anybody for having a hard. TIME When hard times happen he just says it's temporary because God is with us those hard times are temporary and God is with us again and one of the things that we have to understand as followers of Jesus is this earth is temporary our time here is to this is a blip on the radar of what God would have for us right so I know that in this room several of you lost loved ones this year right and it seems like how can joy come in the morning because I lost that person

that is the joy of salvation you will see them again this is only part of the story that happens here on Earth and it's such an important thing for us I believe God has something in store for us in two thousand and eighteen I'm going to put this down and I just I want to talk to you guys for a second as we go through this I know it's a smaller group and that's actually OK for today all right it's actually all right I'm I don't have many dreams how many of you are dreamers like every night you have like eight or nine dreams and you wake up in the morning to tell somebody and they look at you like you're a crazy person right because you have how many of you are that's you like you will you just dream of them I remember like maybe one dream a month right I mean like I just I do not remember dreams I think they say everyone dreams every night but I I just don't remember them they just don't that's not part of my my thing I fall asleep in like six seconds and I wake up the next morning and I don't remember anything that happens in between those two times. But there are a few times when I have a dream and I struggle I do you know the Bible talks about God talking through dreams all the time and and I struggle sometimes to know you know is this god is this not just like you guys do right I guarantee you if you've been following Jesus for any amount of time you had a hard time knowing was this god. Not right and I don't always know I have dreams very rarely and there are a few of them that I've had that I really believe God was speaking to me through and I had one about a month and a half ago or so that I really believed was was now as as some time has gone on as I've been able to pray about it I really believe that God was speaking to me through a dream and I'm not going to give you guys all the details because I think that that just puts pressure on people sometimes and pressure that you don't need to have OK but I had this dream that we were we were at the church and we were with a group of people and there was a group of people that started to pray. There was a group of people that started to pray and we saw God began to move and it slowly spread from that group out to the rest of the church and I am truly believing. That that is that that is going to be a prophetic dream for us in two thousand and eighteen that there's a few reasons and I believe it's for this coming year and again I'm not going to tell you what those are because I don't want to put pressure on people and that's OK but I truly believe that that was a dream for two thousand and seventeen I hesitate to use the word revival OK And the reason that I hesitate to use that word is because a lot of us have a preconceived notion about what that means OK We have some idea of like Brownsville or Toronto or Kansas City and so we think revival and we think of a place and what happened in that place and set of what revival really is it's got room bringing new life to us as individuals right and so I hesitate to use that word because I don't I don't foresee it being just like somewhere else I that's not what I what I believe is going to happen what will I believe is going to happen is God is going to bring new life into multiple people in this church in the coming year and I'm excited about it I really believe that that is going to happen this year I believe that it doesn't matter what two thousand and seventeen look like it doesn't matter what matters is what is God going to do today and how are we kind of going to continue to serve him into tomorrow and I really believe that in this day that we will see God move and I think it's going to be it's going to be different like I said I don't want you to think that I'm sitting here predicting some revival from the ninety's or some some different thing from some other and other places I want to make it very clear that is not what I'm saying. But what I believe again and what I want you to hear is I believe that God is going to. Do something in the lives of people in this church and it's going to be an amazing thing and it's going to matter right I'm not saying that that means our church is going to go from two hundred to six hundred people this year that's not what I'm saying I'm not saying that that means anything other than there are going to be some people in this church who look whose lives are going to be forever altered by what God does in them this year and it's going to slowly spread out to the rest of the group and I believe that that is God speaking to us about what is going to happen in two thousand eight hundred I'm on record I'm going to be on T.V. On Tuesday saying this OK there's no hiding from it. The reason I'm talking about it today is because I want it to be a public thing I believe. That this is going to happen for us in twenty eighteen and so as a result of that one of the things that I've been praying through and this is I want to call our church to a time of prayer and fasting in the month of January all right I want to call this church to a month of prayer

and fasting Oh please don't mistake what I'm going to say and I'm going explain some of this in just a moment I'm not saying you need to fast for the whole month of January OK I that's that's not what I'm saying but I do believe that there is something very very powerful than that that happens when a group of people dedicate their their their lives to God in this way I believe that this is going to be a big stepping stone toward what God is going to do and chapter four verse sixteen Esther is found out from his uncle Mordecai that that there are plans being made to destroy the Jews there are there are plans in motion to to to wipe them off the face of the earth they are in captivity at this time so they don't really have a lot of ways to defend themselves other than Esther has been selected as the queen and she is in a place where she has a direct ear to the king right. Now for her to go into the king even unannounced as Queen meant she could die all right and even as his spouse it was a crazy country where women didn't have very many rights even the queen OK but but she finds out and at first she's like I had to you got to find somebody else right and then Mordecai goes through is big his big should be a lot about how but how do you know I like you Esther if you don't do this God will save us from some other means but how do you know if you are not called for such a time is this to this moment in history to be the one that God uses all right and Esther response in Esther chapter four were sixteen she says go and gather together all the Jews of Susa That's a town OK and fast for me do not eat or drink for three days. For three days night or day my maids and I will do the same and then though it is against the law I will go in to see the King if I must die I must die she knows that her life's on the line OK and she's scared. So what's her response. Get everybody together and pray and fast. I'm scared this is a frightening thing to me so let's pray and fast right if you look at what Jesus talks about in Mark six sixteen right he's teaching His disciples how to pray right he goes through all of these different things and he makes this statement on this and when you fast. And when you fast Jesus makes the assumption that his followers will be people who pray and there will be people who fast he just makes that assumption when you fast and then you get some instructions for how to do it don't you know you don't don't don't come all ashen and just shoveled into places so everybody notices how holy you look because your fasting Jesus is like brush your teeth comb your hair and go about your business. OK because it's not about people knowing what you're doing it's about you sacrificing something for God So what I want to talk to you about in this again is the Bible teaches us about fasting in the new and the Old Testament it is not just an Old Testament it's not just a New Testament thing it's something that is that happens all throughout the Bible as people gather together they fast individually that they fast as a group there's a couple of things it does it teaches us dependence on got. It absolutely teaches us dependence it teaches us humility. It teaches us sacrifice I don't know about you I like food I enjoy eating like when we go on vacation we plan our vacation not around like activities but where we're going to eat like we're going to go to this restaurant we're going to go to that place like that's vacation to us is new places to eat new things to try like that's you know I mean we go and do other stuff too but really it's about the food I love to eat. I love it I like trying different kinds of things I'm not one of those people that orders the same thing off the same menu every day at the same place at the same time you know and then if I go to a new restaurant I don't look for the thing that's most like the thing that I eat off the same menu the same day at the same time I like to just try new stuff OK I know some of you are like that sounds like that sounds terrible to me that's OK you can like what you like that's all right but But what I'm saying is most of us in this place probably enjoy food most of us in this place enjoy having enough food right and and there's something about fasting that teaches humility and dependence on God and I want to be careful here my pastor in Montana was diabetic OK So for him to go completely off food was a life threatening thing right I mean that's how diabetes works it's just he couldn't do that so what he would do when he would fast is he would fast stuff that tastes good OK he didn't do it for attention but I always knew him fit when Ken was fasting because there were rice cakes everywhere like he would he would eat rice cakes he would eat all kinds and maybe some of you like rice cakes I'm sorry if your taste buds are so broke that those taste good to you but. It's you know he would just taste though he would eat things to him that didn't taste good so if you love rice cakes find something else maybe you don't like steak if you like rice cakes because you're messed up but you

know it's but. Be smart don't die during a fast all ride I just ask you to use your brain God gave you intelligence and I encourage you to use it but what I would love to see us do is through the month of January as a church and you're going to hear me talk about this in the coming months I want us to be in fasting I want to make us dedicated time we still on Mondays at noon as a pastoral staff we fast that mean I'm not telling you that to to get some sort of credit this is just some we do every Monday you're welcome to join us we fast Monday we meet here at noon and we pray. You're welcome to join us if you can't be here do it at home do it work do it wherever I want to encourage you some time during the month of January take some time in fast if that means a few days in a row for you fine if that means you know a meal every day for a week or whatever fine if that means you need to just eat stuff that tastes gross to you fine. Figure figure out how to do that I'm going to really encourage you I know there's all kinds of different things that you can fast some people fast T.V. Or all those kind of things and that's that's fine but that's not what I'm asking for this month I'm asking you to look Biblically at fasting and I'm going to ask you to fast food in some way not fast food like eat fast food fast from food some time this month now here's the other thing with it fasting without prayer is just dieting. OK Do you understand what I'm saying if you fast without prayer it's just dieting it's not fasting that's not what we're talking about you take some time to fast during this month and couple that with prayer and I want you to pray about a couple of very specific things OK So if you're a writer write them down right now if you're not a writer get your phone out and make a note somewhere all right but I want to encourage you during this month as you're fasting to be praying for a couple of things I want you to. Specifically for leaders in our schools. All right because I believe that that is going to be a massive part of the breakthrough in this community long term is leaders in our schools all right I want you to pray specifically for the kids in the great schools in this in this town I want you to pray specifically for them that God will use them that God will speak to them that God will will touch them I want you to pray for our students that's number three are teenagers this year and particularly our junior highers I want you to pray for them and lastly what I want you to pray for is I want you to pray that God will give you dreams because I think that that is going to be something that happens for us in the Cal in the calendar year of two thousand and eighteen that's going to be different and it's going to make a difference all right I want you to pray for the leaders in the schools I want you to pray for the kids in the students and I want you to pray that God will give you dreams I want you to pray for those four things specifically as we fast in the month of January now to some of you want to fast long term. I want you to come and talk to me about that unless you've done it before OK if some of you are going to do a two week faster something like that there you can't just stop eating for two weeks all right and just go cold turkey you're going to get sick and so there but there are some things that you can do to prepare your body for a long term FAST and I would love to talk with you about You can also just Google it OK there are some good information about out there about how to prepare for those kind of things if you're going to do a day or three days or four days that's that's fine you don't need to do anything special you can stop eating for a day and you just just fine OK but if you're going to do something long term please don't just stop eating today at lunch and just hope to make it fifteen days with no ill effects OK because there will be ill effects and there but there is a way to go into that that's important but I want to encourage you in this year to be expected. To look ahead at what God is going to do I want to encourage you in this year to be praying specific prayers for these kind of things I want to encourage you and this coming year to really just allow God to do what he wants to do because I believe there are some really cool things that are ago about to take place in this year like I said I want to repeat it one more time I'm not talking about Brownsville I'm not talking about Toronto I'm not talking about I hop in Kansas City not the restaurant but International House of Prayer OK I'm not I'm not talking about those things I'm talking about God doing something amongst individuals right here in this place and that's going to be a cool time all right so don't try and expect something that happened before that's not what we're talking about we're talking about God take an individual hearts and doing something in them all right and I want to encourage you in that this morning I want to I want to in this time just with this idea we usually. In with the call to prayer and all those kind of things and I want to I want

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to tell you out there we believe that Jesus Christ came to this earth we celebrated it during communion we believe that he came to this earth he died for us he rose again and that is the only way we can be made right with God Thank You God for saving me we said this morning that is the only way we can be saved and if you've not done that before please come and talk to me I would love to have a conversation with you about that at the end of our church service don't don't leave this place without without talking through those things that it is the most amazing thing that you will ever do in your life but I want to in a little differently All right there's a small group here and this is why I said I think it's kind of a cool thing for us to be able to do as we go into this time a person fasting I'd like you all to join me up here OK if you're watching on the recordings thank you for watching Go with God have a great day but you guys can go ahead and stopped that.